

## Logistics Note

### Visa and immigration information:

Participants with Visa- Upon arrival, the immigration counter would check you for your Visa and the immigration form would require you to fill in details of the place of accommodation and relevant phone numbers. Please do carry a printed version of your invitation letter as we are unsure of the availability of free WiFi at the airport.

Visa on arrival- Bangladesh grants Visa on Arrival to;

- The nationals of those countries where there is no diplomatic mission of Bangladesh
- Few countries that do have a diplomatic mission but are eligible for visa on arrival ( mostly european countries and USA and few others )

The Visa on arrival may be granted after examining the necessary documents such as passport, invitation letter and accommodation letter. To facilitate this, PHM Bangladesh on its side would be submitting a letter of request to the immigration office in airport. Participants requiring Visa on arrival are requested to inform us if they are planning for a Visa on arrival.

Please send a mail to email- [iphubangladesh2018@gmail.com](mailto:iphubangladesh2018@gmail.com)

In case of any emergency/help at the airport, please do call on the below numbers for assistance-

Name	Designation	Phone number
Abu Nasher	Member, PHM Bangladesh	+8801914-494240
Mahbub Akhter	Member, PHM Bangladesh	+8801712-582199

### Transportation:

The baggage collection lies beyond the immigration section . After collecting this baggage, participants should proceed towards the exit. At the exit, volunteers from PHM-Bangladesh will be waiting to receive you. The volunteers would then assist you towards the transportation to the accommodation ( typically, a mini bus arranged by PHM will be waiting at/near the Airport). The bus will wait to be optimally filled before heading to the accommodation.

#### Note-

**Sim Cards-** from local mobile network are available before leaving the airport. You can get sim card from a local mobile network for usage during the period of IPHU and PHA.

**Money Exchange-** Currency Exchange counters are also available before leaving the airport. Participants can change their currency to Bangladeshi Taka for their own expenses. We suggest you do not change more than 50 USD, as all local expenses are taken care of, such as for transfers, accommodation and meals. Registration fees can be paid in Euros or Dollars. The registration fee is 50 USD for non-Bangladeshi participants. For bangladeshi participants it will be 1000 Taka.

**Accommodation:**

As mentioned earlier, accommodation is available on sharing basis (Separate rooms for male and female). The rooms are usually 4 or 5 bedded . bedsheet, blanket, towel and other toiletries would be available at the accommodation. However, participants are welcome to bring their own items too.

**Electricity Voltage:**

In Bangladesh the standard voltage is 220 V and the frequency is 50 Hz. You can use your electric appliances in Bangladesh, if the standard voltage in your country is in between 220 - 240 V. If you travel to Bangladesh with a device that does not accept 220 Volts at 50 Hertz, you will need a voltage converter.

**IPHU Venue:**

The IPHU would be taking place at the meeting hall in the same venue as of the accommodation.

**Food:**

The participants will be provided with breakfast, tea, lunch, tea and dinner at the venue. Both vegetarian and non vegetarian food will be available. Safe drinking water will be available in the premises.

**Clothing:**

Bangladesh does not have any restrictions on clothing. Neither does the campus of Gonoshasthaya Kendra.

**Weather:**

The weather is pleasant during the month of November. The maximum temperature is around 30-35 Degrees Celsius and the Minimum is around 15-20 Degree Celsius. It is advised to carry a umbrella/raincoat etc in case of any sudden spell of rain.

**Medications:**

Participants are advised to carry their own medications for any treatment that they are undergoing. First aid and other basic medicines would be available in the campus hospital. Regarding Mosquitoes- participants are encouraged to bring their own mosquito repellent lotion.

**WiFi:**

The campus does have wifi available. However, there might be interruptions on days. Hence it is requested for participants to download the reading materials before they arrive.